

SKETCHBOOK TRAVELER: HUDSON VALLEY

A Field Guide to Mindful Travel through Drawing & Writing

MATERIALS & EQUIPMENT

Anything that makes a mark, and any surface that takes a mark will be perfectly suitable.

If you prefer to go to the field accoutered in style, below is a list of optional supplies.

SKETCHBOOKS

FIELD ARTIST. [Watercolor sketchbooks](#). Various sizes.

MOLESKINE. [Watercolor sketchbooks](#). Various sizes.

HAND BOOK. [Watercolor sketchbook](#). Various sizes.

Recommended: [Moleskine Watercolor Sketchbook](#)

BRUSHES

DAVINCI Travel brushes. https://www.amazon.com/Vinci-CosmoTop-Watercolor-Synthetic-Protective/dp/B00409FCLE/ref=sr_1_4?crd=159I8HND5YMOY&dchild=1&keywords=da+vinci+ravel+watercolor+brushes&qid=1604518669&s=arts-crafts&prefix=da+vinci+travel+%2Carts-crafts%2C159&sr=1-4

ESCODA Travel brushes. <https://www.amazon.com/Escoda-1468-Travel-Brush-Set/dp/B00CVB62U8>

RICHESON Plein air watercolor brush set. <https://products.richesonart.com/products/gm-travel-sets>

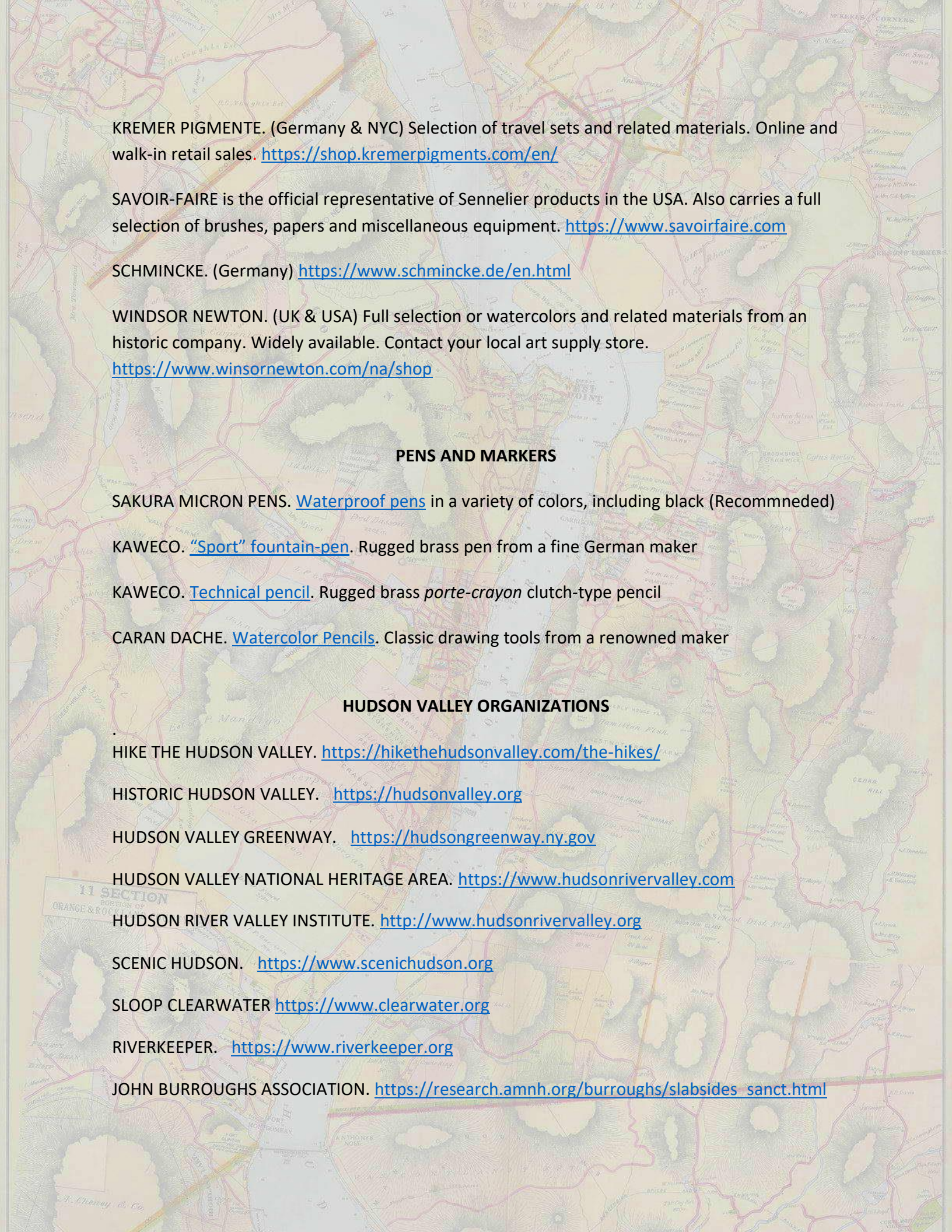
WATERCOLORS: Tube and Half-Pans

WATERCOLORS L. CORNELISSEN & SON. (London) Full selection of pans, tubes, and related materials. Retail walk-in and online sales. <https://www.cornelissen.com>

MAIMERI. Watercolors. Italy. <http://www.maimeri.it>

GOLDEN PAINTS. **QoR** Watercolors (recommended) The gold standard in acrylic colors for artists, Golden has developed a new line of watercolors marketed as QoR. It has terrific pigment density and uses a water-soluble synthetic binder in place of Gum Arabic

<https://www.qorcolors.com>

A detailed topographic map of the Hudson Valley region in New York State, showing terrain contours, roads, and water bodies. The map is oriented vertically with the Hudson River running north-south through the center. Various towns and landmarks are labeled, including West Point, Poughkeepsie, and Kingston. The map is overlaid with text providing information about art supplies and local organizations.

KREMER PIGMENTE. (Germany & NYC) Selection of travel sets and related materials. Online and walk-in retail sales. <https://shop.kremerpigments.com/en/>

SAVOIR-FAIRE is the official representative of Sennelier products in the USA. Also carries a full selection of brushes, papers and miscellaneous equipment. <https://www.savoirfaire.com>

SCHMINCKE. (Germany) <https://www.schmincke.de/en.html>

WINDSOR NEWTON. (UK & USA) Full selection of watercolors and related materials from an historic company. Widely available. Contact your local art supply store.
<https://www.winsornewton.com/na/shop>

PENS AND MARKERS

SAKURA MICRON PENS. [Waterproof pens](#) in a variety of colors, including black (Recommended)

KAWECO. ["Sport" fountain-pen](#). Rugged brass pen from a fine German maker

KAWECO. [Technical pencil](#). Rugged brass *porte-crayon* clutch-type pencil

CARAN DACHE. [Watercolor Pencils](#). Classic drawing tools from a renowned maker

HUDSON VALLEY ORGANIZATIONS

HIKE THE HUDSON VALLEY. <https://hikethehudsonvalley.com/the-hikes/>

HISTORIC HUDSON VALLEY. <https://hudsonvalley.org>

HUDSON VALLEY GREENWAY. <https://hudsongreenway.ny.gov>

HUDSON VALLEY NATIONAL HERITAGE AREA. <https://www.hudsonrivervalley.com>

HUDSON RIVER VALLEY INSTITUTE. <http://www.hudsonrivervalley.org>

SCENIC HUDSON. <https://www.scenichudson.org>

SLOOP CLEARWATER <https://www.clearwater.org>

RIVERKEEPER. <https://www.riverkeeper.org>

JOHN BURROUGHS ASSOCIATION. https://research.amnh.org/burroughs/slabsides_sanct.html



HUDSON VALLEY PARKS AND OPEN SPACES

ADIRONDACK FOREST PRESERVE. <https://www.dec.ny.gov/lands/5263.html>

ADIRONDACK REGION. The source of the Hudson River at highest elevation is located at Lake Tear of the Clouds on the western slope of Mount Marcy north of Newcomb, New York
<https://visitadironacks.com/>

APPALACHIAN TRAIL. <https://appalachiantrail.org/explore/explore-by-state/new-york/>

BEAR MOUNTAIN STATE PARK. <https://parks.ny.gov/parks/13/details.aspx>

CATSKILL FOREST PRESERVE. <https://www.dec.ny.gov/lands/5265.html>

CLERMONT. Germantown. <https://parks.ny.gov/historicsites/16/details.aspx><http://clermont-statehistoricsite.blogspot.com>www.friendsofclermont.org

THOMAS COLE NATIONAL HISTORIC SITE. Catskill. <https://thomascole.org>

EMPIRE STATE TRAIL. <https://www.ny.gov/programs/empire-state-trail>

GATEWAY NATIONAL RECREATION AREA. New York and New Jersey.
<https://nps.gov/gate/index.htm>

HUDSON HIGHLANDS NATURE MUSEUM. Cornwall. <https://www.hhnm.org>

HUDSON RIVER MUSEUM. Yonkers. <https://www.hrm.org/exhibitions/discover-the-hudson-aneu/>

THE LONG PATH. <https://www.nynjtc.org/region/long-path>

MINNEWASKA STATE PARK. Kerhonkson. <https://parks.ny.gov/parks/minnewaska/details.aspx>

MOHONK MOUNTAIN HOUSE. New Paltz. www.mohonkpreserve.org

MOHONK PRESERVE. New Paltz. <https://parks.ny.gov/regions/palisades/default.aspx>

NEW YORK CITY DEPARTMENT OF PARKS AND RECREATION. <https://nycgovparks.org>

NORTH-SOUTH LAKE. Haines Falls. <https://www.dec.ny.gov/outdoor/24487.html>

FREDERIC CHURCH'S OLANA. Greenport. <https://www.olana.org>

PALISADES INTERSTATE PARK: NEW JERSEY. <http://www.njpalisades.org>

PALISADES INTERSTATE PARK: NEW YORK. <https://parks.ny.gov/regions/palisades/default.aspx>

PHILLIPSE MANOR. Sleepy Hollow. <http://www.philipsemanor.org>

POET'S WALK. Annandale. <https://www.scenichudson.org/parks/poetswalk>

HOME OF FRANKLIN D. ROOSEVELT. Hyde Park. <https://www.nps.gov/hofr/index.htm>

SAM'S LEAP. Cragmoor. <https://hikethehudsonvalley.com/hikes/sams-point/>

SARATOGA NATIONAL HISTORICAL PARK. <https://www.nps.gov/sara.index.htm>

SLABSIDES. West Park. <http://www.johnburrroughsassociation.org>

TALLMAN STATE PARK. <https://parks.ny.gov/parks/119/details.aspx>

VANDERBILT MANSION NATIONAL HISTORIC SITE. Hyde Park.

<https://www.nps.gov/vama/index.htm>

WALKWAY ACROSS THE HUDSON. Poughkeepsie. <https://walkway.org>

HUDSON VALLEY & JOURNAL-PAINTING READING-LIST

Bloemink, Dr. Barbara and Davidson, Dr. Gail. Frederic Church, [*Winslow Homer and Thomas Moran. Tourism and the American Landscape*](#). Cooper Hewitt Museum. New York. 2006

Bonehill, John, et al. [*Paul Sandby: Picturing Britain*](#). Royal Academy of Arts. London. 2009.

(Regarded as the father of watercolor landscape painting, Sandby taught drawing at Woolwich military academy from 1768 to 1792, establishing the military-topographical landscape tradition that later influenced the drawing curriculum at USMA West Point.

Burkhalter, Lois. [*A Seth Eastman Sketchbook*](#); 1848-1849. Austin. University of Texas Press. 1961

Catlin, Daniel, Jr. *The Hudson River Portfolio*. William Guy Wall and John Agg. Published by the author. Book design and printing by Southbury Printing Centre, Southbury, CT. (A facsimile of the 1821–25 series of prints and texts, based on a Hudson River journey completed in 1820)

Dunwell, Frances F. *The Hudson: America's River*. New York: Columbia University Press. 2008

Dunwell, Frances F. *The Hudson River Highlands*. New York: Columbia University Press. 1991

Foster, Kathleen. [Captain Watson's Travels in America. The Sketchbook and Diary of Joshua Rowley Watson.](#) 1771-1818. University of Pennsylvania Press. 1997

Hamerton, Philip Gilbert. *A Painter's Camp, in Three Books.* Roberts Brothers. Boston. 1867. (British artist describes working en plein air during the mid-19th century)

Herbert, Kari and Lewis-Jones, Huw. [Explorers' Sketchbooks.](#) Chronicle Press. 2017 (An overview of expeditionary sketchbook art from ca. 1580-1920)

Lossing, Benson J. [The Hudson. From the Wilderness to the Sea.](#) Introduction by Pete Seeger. Black Dome Press. Hensonville, New York. Originally published in 1866 by H.B. Nims & Co., Troy New York. (Firsthand account by a travel writer and his wife of a Hudson River journey in 1859)

Manthorne, Katherine E. [Tropical Renaissance. North American Artists Exploring Latin America 1839-1879.](#) Smithsonian. 1989. (Artists of the Hudson River School painting Latin America)

Manthorne, Katherine E. (editor) [Landscapes of Latin America from the Collection of Patricia Phelps de Cisneros.](#) CPPC. New York. 2015 (Traveler-artists drawn to South America by the spirit of adventure)

Manthorne, Dr. Katherine. Foreword. [Mapping and Mobility. The Sketchbook Art of James Lancel McElhinney.](#) New Arts Publishing. Litchfield, CT. 2014

Marley, Dr. Anna O. [Schuylkill to the Hudson: Landscapes of the Early Republic.](#) Pennsylvania Academy of the Fine Arts. Philadelphia PA. 2019

Mc Dermott, John Francis. [Seth Eastman's Mississippi: A Lost Portfolio Recovered.](#) University of Illinois Press. 1973

McElhinney, James Lancel. [Sketchbook Traveler: Hudson Valley.](#) Schiffer Publishing. 2020

Milbert, Jacques-Gerard. [Picturesque Itinerary of the Hudson River and the Peripheral Parts of North America.](#) Translated from French and annotated by Constance D. Sherman. Upper Saddle River. Gregg Press. 1968 (Original edition appeared in French in 1829)

Nygren Edward V, [Views and Visions: American Landscape before 1830.](#) Washington D.C. Corcoran Museum. 1986.

Owens, Gwendolyn. *Visions of Nature: Artists and the Environment.* Picturing America. Lithographs by Jacques-Gerard Milbert. Lake Tear of the Clouds to New York City. A Hudson River Journey by Don Nice. Exhibition catalogue. Albany Institute of History and Art. Albany, New York. 1991. (This exhibition celebrated a French artist who traveled the Hudson in the 1830s, and a (then) living American artist who traveled by inflatable boat from the mountains to New York harbor)

Peale, Rembrandt. *Graphics: A Manual of Drawing and Writing for the Use of Schools and Families*. J.P. Peaslee. New York. 1835. (The first widely read how-to book on drawing and penmanship, taught to all at one time. Available as downloads and print-on-demand)

Peck, Daniel. [*Thomas Cole's Refrain. Paintings of Catskill Creek*](#). Cornell University Press. Ithaca. New York. 2019.

Schuyler, David. [*Sanctified Landscape: Writers, Artists and the Hudson River Valley*](#). Cornell University Press. Ithaca, New York. 2012. (An excellent cultural history of the Hudson Valley)

Schuyler, David. [*Embattled River: The Hudson and Modern American Environmentalism*](#). Cornell University Press. Ithaca, New York. 2018. (History of pollution and remediation of the Hudson)

Walker, Charlotte. [*The Art of Seeing Things. Essays by John Burroughs*](#). Syracuse University Press, Syracuse, New York. 2001. (Insightful writings by one of 19th-century America's leading environmentalists)

Whisenhurst, William Benton. [*A Russian Paints America: The Travels of Pavel P. Svin'in. 1811-1813*](#). McGill-Queens University Press. Montreal. 2008. (Travels and artworks by the first Russian ambassador to the U.S.)

GENERAL INTEREST

Brown, David Blayney. [*J.M.W. Turner. The 'Skies' Sketchbook*](#). (Facsimile). Tate Publishing. London. 2017

Butlin, Martin. [*Samuel Palmer Sketchbook of 1824*](#). Thames and Hudson. London. 2005

Cooperman, Emily T. *County Seats of the United States*. William Russell Birch. University of Pennsylvania Press. Philadelphia. 2009

Cremieux, Therese & Holzwarth, Hans Werner. *Bon Voyage: Françoise Gilot's Travel Sketchbooks*. (facsimile) Three volumes. Taschen. 2016

Davis, Earl. *Stuart Davis Sketchbooks*. (facsimile) Estate of Stuart Davis, Grace Borgenicht Gallery and The Arts Publisher. New York. 18=986

Foster, Kathleen. [*Captain Watson's Travels in America. The Sketchbooks and Diaries of Joshua Rowley Watson*](#). The Barra Foundation and University of Pennsylvania Press. 1997.

Herbert, Karl & Lewis-Jones, Hu. [*Explorers' Sketchbooks: The Art of Discovery & Adventure*](#). Chronicle Press. Thames & Hudson. London. 2016, 2017

Hockney, David. [*A Yorkshire Sketchbook*](#). (facsimile) Royal Academy of Art. London. 2012

Houston, Kenneth. *The Book*. W.W. Norton. New York & London. 2016

Johnson, Eugene J. *Drawn from the Source. The Travel Sketches of Louis Kahn*. Williams College Museum of Art. Williamstown. Massachusetts. 1996

Levine, David & Sloan, Mrs. John. Edited by Mill Roseman. A 126. [A Sketchbook of Maurice Prendergast](#). (facsimile) Hammermill Papers Group. Erie, Pennsylvania. 1974

Mendelsohn, Janet & Wilson, Chris. *Drawn to Landscape: The Pioneering Work of J.B. Jackson*. George F. Thompson Publishing. University of Virginia Press. 2015 Michener, James A. *The Hokusai Sketchbooks* (a classic). Charles Tuttle. Rutland VT. Multiple editions

Morgan, Robert C. *Will Barnet. A Sketchbook, 1932-1934*. (facsimile) George Braziller. 2009

Sciré, Giovanna Negri. *Canaletto's Sketchbooks*. (facsimile). Canal & Stamperia Editrice. Venice. 1997

Smee, Sebastian. *Lucian Freud Drawings 1940*. Matthew Marks Gallery. New York. 2003

Stewart, Harris B. & Henderson, J. Welles. *Challenger Sketchbook*. Philadelphia Maritime Museum. 1972

Vellekoop, Marje & Suijver, Renske. *Vincent van Gogh. The Sketchbooks*. Limited Edition Facsimile in Solander Cloth Case. Folio Society & the Van Gogh Museum.

Wick, Peter A. *A Summer Sketchbook*. David Levine. (facsimile) Mitchell Press. New York. 1963.

Wick, Peter A. [Maurice Prendergast Watercolor Sketchbook](#). Boston. Museum of Fine Arts. 1960

SAFETY REMINDERS

Always be prepared. It's best to travel with a companion, even for the day. When traveling alone, be sure to leave an itinerary with a trusted friend, just in case you require assistance. Provide yourself with appropriate UV protection and insect repellent. Know your physical limitations. Do not attempt strenuous activity unless you have prepared for it with physical training. Make sure emergency contact numbers are written down and carried on your person, in case you are found unconscious. Some art materials are toxic. Familiarize yourself with their contents. Avoid oral contact or ingesting pigments and other potentially toxic substances. Obey all local laws and regulations. Sign in and sign out at trails provided with a visitor log. Whatever you carry in, carry it out. *Leave no trace!*

The Hudson is calling!

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